

# Distance Families

[www.distancefamilies.com](http://www.distancefamilies.com)

## Submission Form

### How to use this form

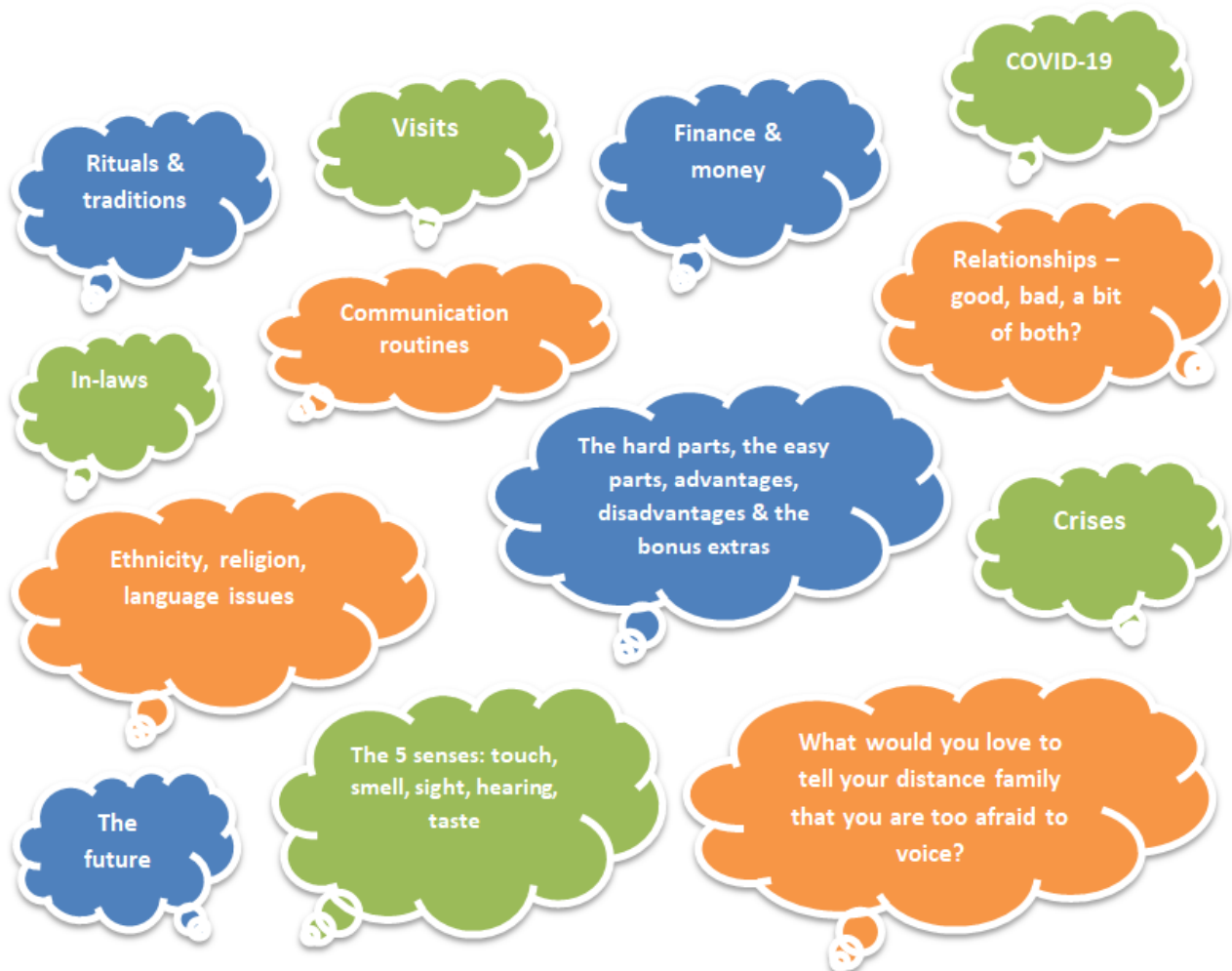
Complete on-screen to your PC or laptop, saving as you go. When completed, please email the document to [helen.ellis.nz@gmail.com](mailto:helen.ellis.nz@gmail.com).

or


Print, complete by hand and scan & email or post to Helen Ellis, 32 Meteor Rd, Auckland 0616, New Zealand.

### Writing guidelines

Please use any of the words below, or your own thoughts, to answer the question, “How is distance familying for you?” All contributions are welcomed be they short and brief, or up to 200 words or so per story.



Please write your story/stories below.



Your name

Your email

I am a distance... (more than one may apply)

Grandparent

Son or Daughter

Grandchild

Pseudonym or your own name? (choose one only)

Please use my first name

Please use my full name

Please use 'anonymous'

Please use this pseudonym

Where do you live?

city/town,  
country

Where does your distance  
family live?

city/town,  
country

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All stories will be acknowledged

Thank you for taking part of this project

Helen Ellis

#### Fine Print

- The copyright of all books remains with Helen Ellis
- Stories selected will be used in the applicable topic book and related media
- Helen Ellis reserves the right to edit the text but you will have the opportunity to approve it
- You may have the opportunity to mention your business. This remains subject to discussion
- For more information about how Helen manages personal data, please read her [Privacy Policy](#).